



WELCOME

Parents and Guardians of May 27
IBDP graduates

PRESENTATION STRUCTURE

GENERAL
INFORMATION

Study skills
and supporting
students

CLASS
TEACHERS,

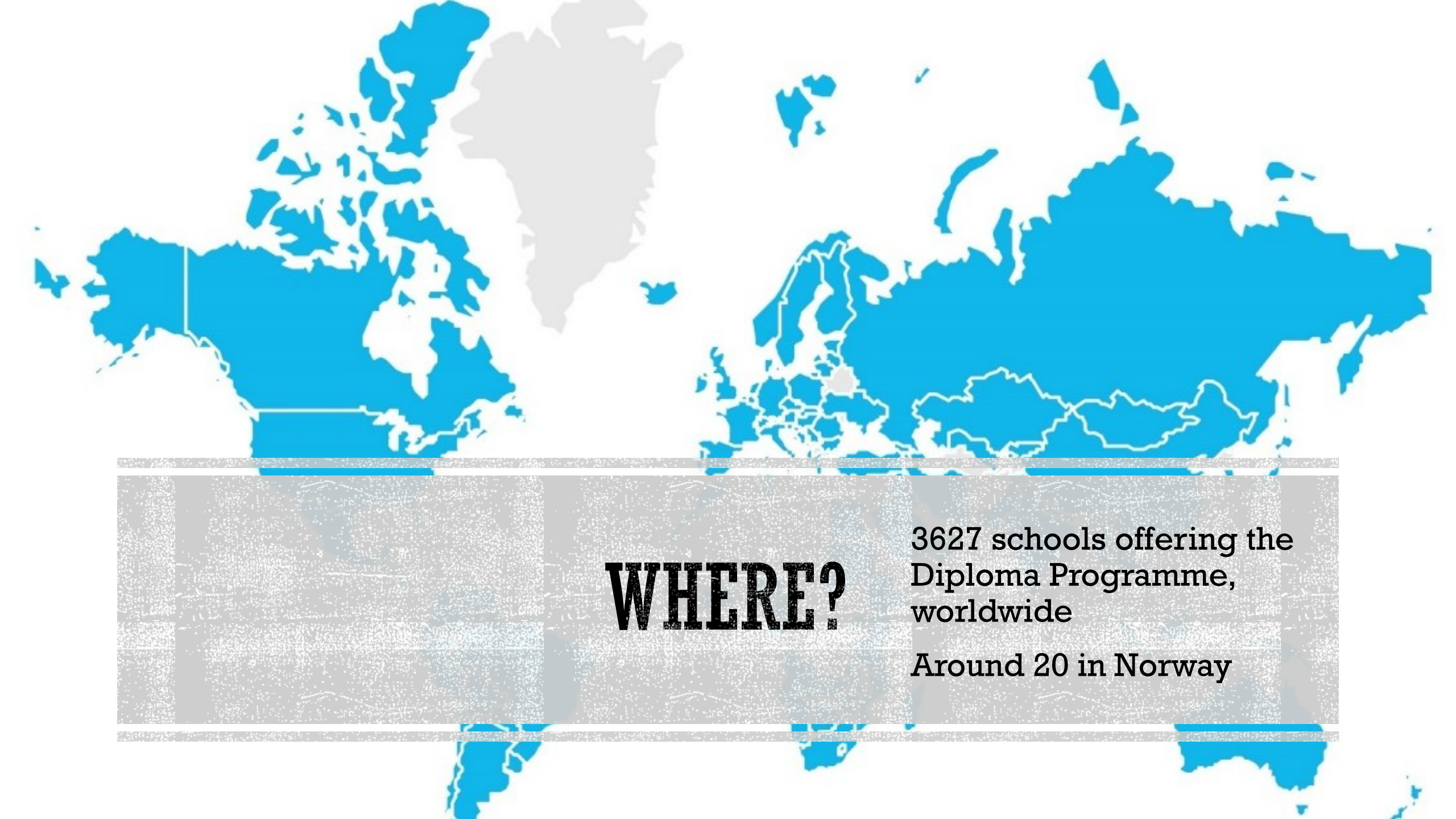


The background of the slide features a large, circular diagram representing the IB Learner Profile. It consists of several concentric rings. The outermost ring is dark blue and contains the text 'INDIVIDUALS AND SOCIETIES'. The next ring inward is a lighter blue and contains 'EXTENDED ESSAY'. The third ring is a medium blue and contains 'APPROACHES TO TEACHING'. The fourth ring is a light blue and contains 'THEORY OF KNOWLEDGE'. The innermost ring is a very light blue and contains 'LANGUAGE ACQUISITION'. In the center of these rings is a circular logo with the text 'THE IB LEARNER PROFILE' around a silhouette of a person's head. The text 'THEORY OF KNOWLEDGE' is also visible on the left side of the diagram.

WHAT IS THE INTERNATIONAL BACCALAUREATE DIPLOMA PROGRAMME?

- A two year international education programme taught in english
- Prepares students to be lifelong critical thinkers, and creative problem-solvers who are equipped to succeed in a rapidly changing and increasingly global society.



A world map with a light blue background. The landmasses are outlined in white. Norway is highlighted in a solid red color. The map shows the continents of North America, South America, Europe, Africa, Asia, and Australia.

WHERE?

3627 schools offering the
Diploma Programme,
worldwide

Around 20 in Norway



BERGEN KATEDRALSKOLE

WELCOME TO BERGEN KATEDRALSKOLE

- <https://www.youtube.com/watch?v=MhQzESRrA>

dralskole ligger midt i sentrum, som gjør
aktivt for mange fra forskjellige steder

09.09.2025

SCHOOL DAY

School Day
from 08:15-
15:30

Lunch:
11:30-12:15

Block days on
Fridays



The school is open until 7pm Monday through Thursday.



COLLABORATIVE PROJECT AND KATTEN UKEN

This is a collaborative activity where students from the different Group 4 subjects (Biology, Chemistry, Physics) work together together on a scientific topic. 10 hours approximately is allocated to the project.



International Baccalaureate Diploma Programme



Har du høge ambisjonar og ønskjer ei internasjonal utdanning over to år? International Baccalaureate Diploma Programme er eit krevjande studium for målretta elevar. Undervisningsspråket er engelsk, og det blir stilt høge krav til sjølvstendig arbeid og refleksjon. Til gjengjeld er elevar med IB-diplomet ettertrakta studentar som er ekstra godt førebudd til studiar på norske og internasjonale universitet.

Background Information

For over 30 years Bergen Katedralskole has been successfully offered the International Baccalaureate Diploma Programme. First accredited in 1988 Katten was amongst the first schools to introduce the diploma programme in Norway. The programme is designed to equip students with the academic skills needed for university study, further education and their chosen profession. In addition it aims to develop the values, and lifeskills, needed to live a fulfilled and purposeful life in an ever-changing world.

Since it's introduction we have welcomed local, and International, students through our doors, with student numbers doubling in the last few years.



Please check the school website regularly for information and updates

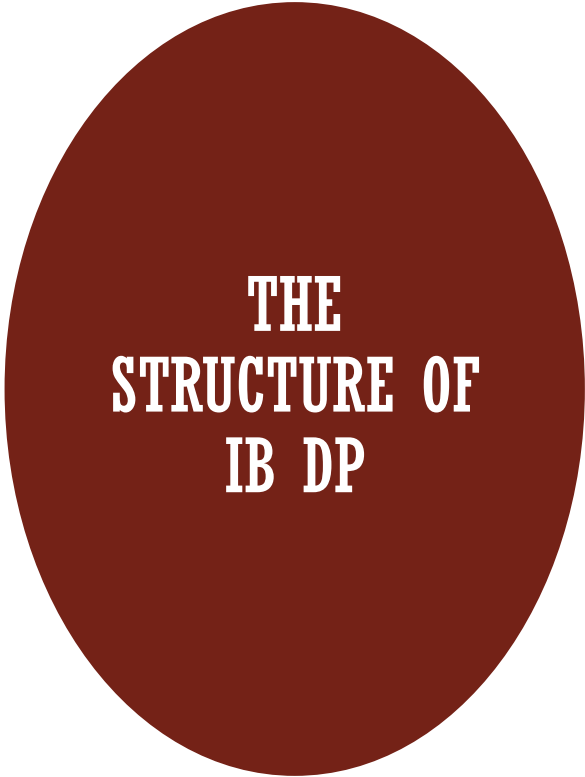
SCHOOL INFORMATION PAGES

www.bergenkatedralskole.vgs.no/

- School information
- Events and happenings
- Information about subjects and student life

Instagram





THE STRUCTURE OF IB DP

- Students study six subjects
 - One subject from each of the six subject groups*
 - Three subjects at Higher Level (HL)
 - Three subjects at Standard Level (SL)
 - Core elements
-
- * Group Six is optional



PASSING THE DIPLOMA

- Grade 1-7 in each subject
- 6 (subject) x 7 (maximum points) = 42 points
- 3 extra points available for EE and ToK
- **24 points – diploma is awarded**
- **Must have at least 12 points in HL subjects**
- **45 points – maximum possible**
- **A good university** will expect something like 30–36 points (about 4–6 points for each of the six subjects).
- Top universities might ask for 37–45 points.



SUBJECT OVERVIEW

Group One Language and Literature	Group Two Language Acquisition	Group Three Humanities	Group Four Sciences	Group Five Mathematics	Group Six The Arts
English Language and Literature	Norwegian B	Economics	Biology	Mathematics Applications and Interpretations (SL only)	Visual Art
Norwegian Literature	Mandarin Ab – initio (SL only)	Psychology	Chemistry	Mathematics Analysis and Approaches	
Self- taught mother tongue (SL only)		History (SL only)	Physics		



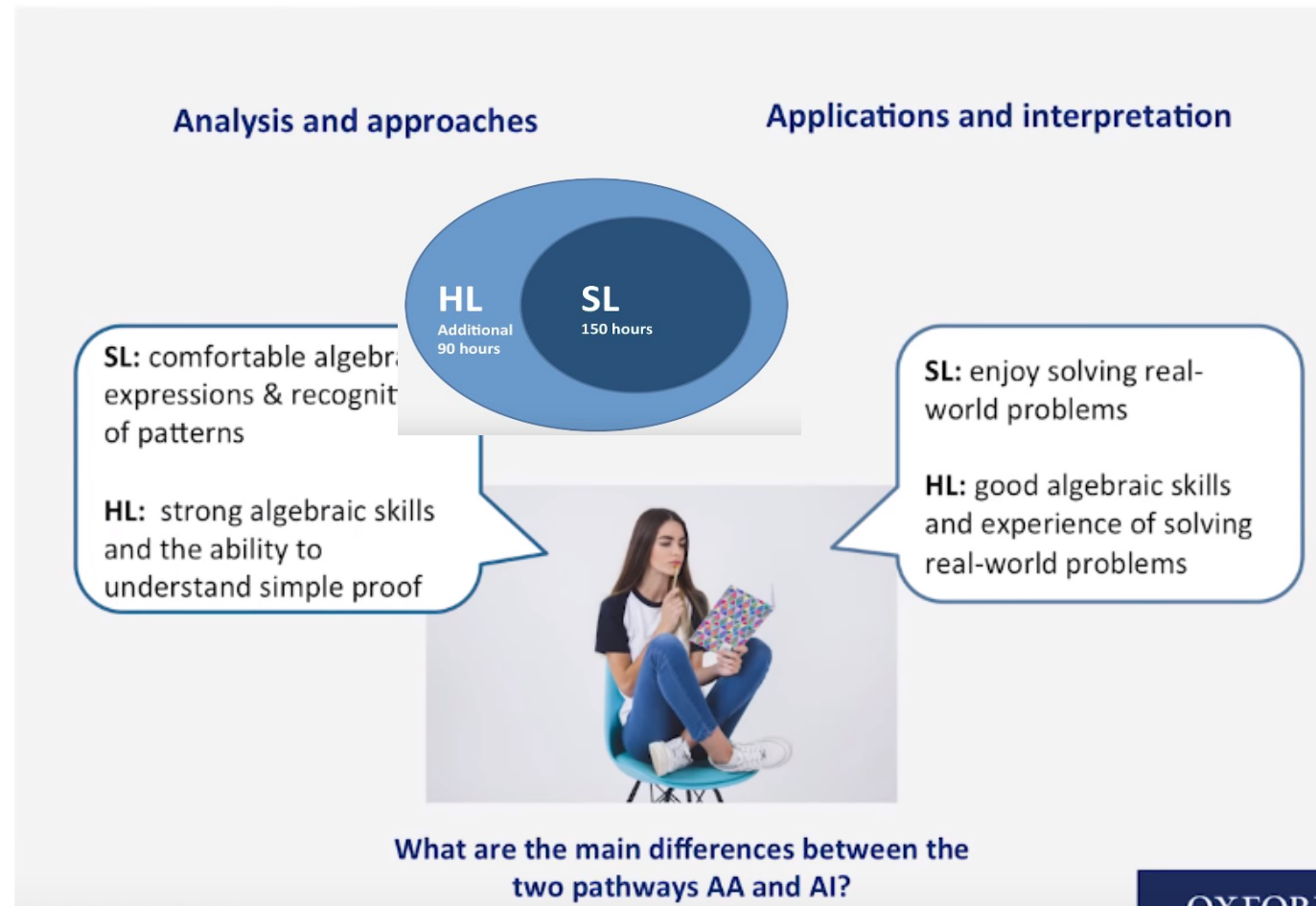
SELF-TAUGHT LANGUAGE A

- Language A: Literature only
- Self- taught Coordinator at school
- Students need to have an external tutor to support their learning
- Information meeting for students this week on Thursday



MATH ANALYSIS AND APPROACHES OR APPLICATIONS AND INTERPRETATION ?

Distinction between SL and HL



LANGUAGE REQUIREMENTS FOR FURTHER STUDY IN NORWAY

Hvordan dekker du språkravet i norsk

Norsk kan dekkes på ulike måter, avhengig av hvilken bakgrunn du har.

Mangler du bare norsk for å oppnå generell studiekompete du dekke kravet ved å ha bestått én av følgende prøver:

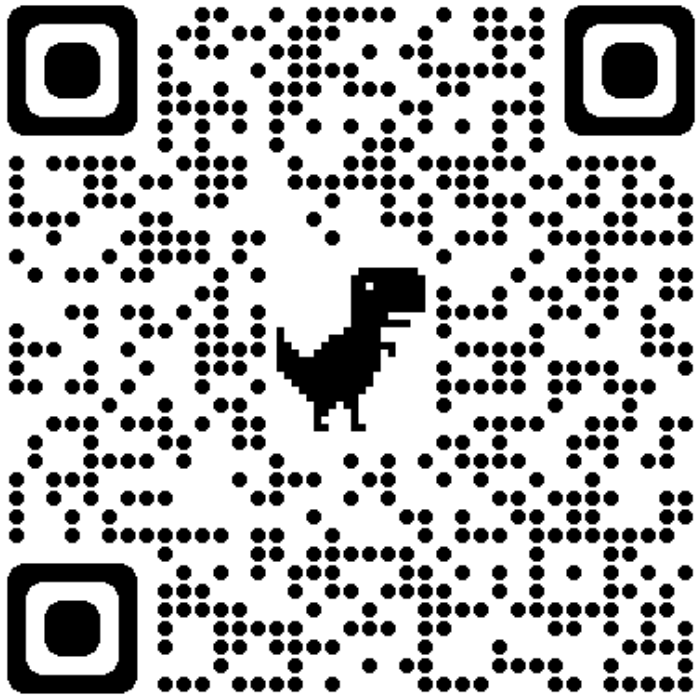
- Norsk skriftlig og muntlig på Vg3-nivå (393 timer) i norsk videregående skole
- [Norskprøven for voksne innvandrere fra Direktoratet for høyere utdanning og kompetanse](#) (tidligere Kompetanse Norge) med minst B2 i alle fire ferdigheter
- Eksamen fra trinn 3 i norsk for utenlandske studenter ved universitetene
- Fullført og bestått studium i høyere utdanning på minst 60 studiepoeng i norsk samfunnskunnskap for utenlandske studenter fra et norsk universitet eller høyskole
- Test i norsk - høyere nivå, skriftlig og muntlig (Bergenstesten) med resultat på begge prøver

Students who take Norwegian A at SL or HL or Norwegian B at HL meet the language requirements to study further in Norway.

Students who do not have one of these subjects must document their Norwegian skills with a written and oral test in Norwegian (Formally Bergenstesten)



SUBJECT INFORMATION



ENGLISH LANGUAGE AND LITERATURE

GROUP ONE LANGUAGE A



WHAT WILL I LEARN IF I CHOOSE
ENGLISH A LANGUAGE AND
LITERATURE?

What do we learn in English A Language and Literature?

English A Language and Literature is a subject meant for native/fluent speakers of English. In this subject we focus on analysing how language is used and to what effect and on reading and analysing literature. The literature we read in class is connected to non-literary texts we read. For example, if we discuss propaganda posters and propaganda techniques in class, the book we read will also be connected to this theme.



PROGRESSION INTO 3IB

Students must apply on Vigo

They must have a total of at least 20 points

They must have grades in all subjects

They should have at least a grade 3 in all subjects





HOW DO STUDENTS CORRECTLY REFERENCE AI TOOLS?

In any type of work where an external source has been used, a citation must be included at the point of use. The inclusion of a reference at the end of the paper is not enough. The citation in a text should link to a full reference in the bibliography.

Students should be clear that if they use the text (or any other product) produced by an AI tool—by copying or paraphrasing that text or modifying an image—they must clearly reference it in the body of their work and add the reference in the bibliography.

IB GUIDELINES FOR THE USE OF AI TOOLS



POLICIES ON WEBSITE AND DEADLINES ON ITS LEARNING

Assessment
policy

Student and
legal guardians
complaint
procedures

Language
policy

Academic
Integrity policy





ATTENDANCE

We are to support students in their learning.

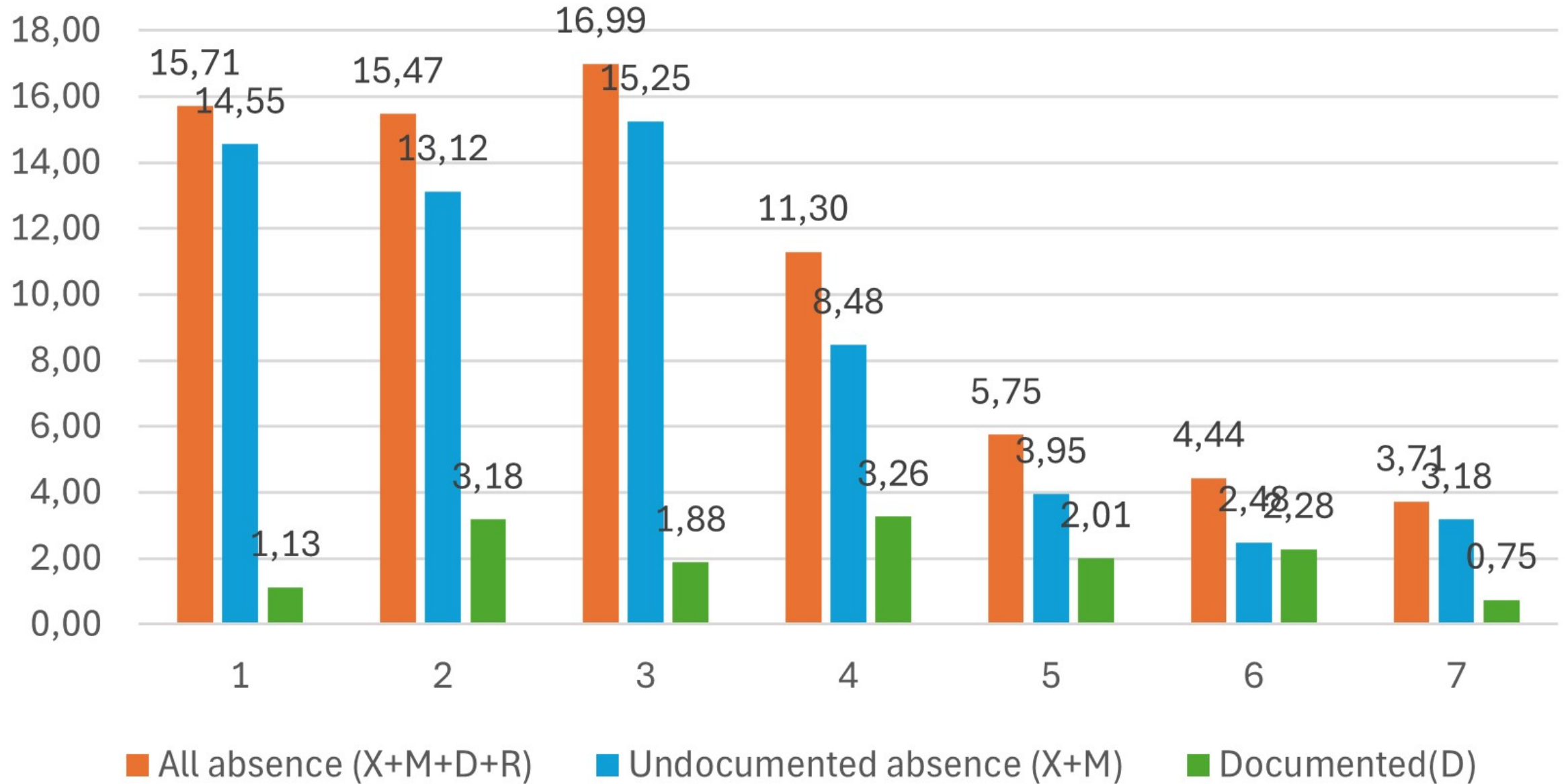
In order for us to support students, they need to come to school.

The required number of hours must be met to be able to take the exam.

Check the timetable carefully.



Absence and exam grades





INCLUSIVE EXAM ARRANGEMENTS

The IB have very thorough procedures for approving inclusive arrangements for exams.

Inclusive arrangements may be:

- Extra time
- Use of word processor (Microsoft computers only)
- Having instructions read out loud
- Rest breaks

Students need to provide detailed and updated documentation to support any request.



STUDY SKILLS — SOME PRACTICAL SUGGESTIONS



1. Read aloud
2. Dual coding – Integrate diagrams along side words
3. Make handwritten notes in class
4. Retrieval practice – complete lots of quizzes and past papers
5. Flash cards
6. Use the library for homework and studying
7. Make a detailed plan for what you will work on when





Set a time limit – use pomodoro method



Turn it off or put it on airplane mode



Limit notifications in settings



Don't have it next to you when you revise



Let friends know when you will be back online



Turn down the backlight near bedtime



Use going on your phone as a reward

7 WAYS TO MANAGE YOUR MOBILE PHONE



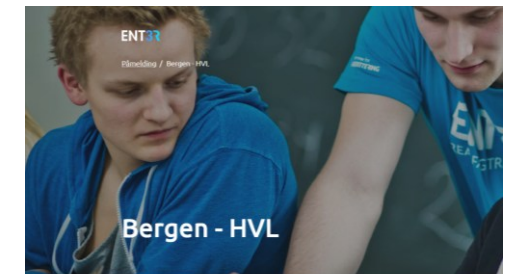
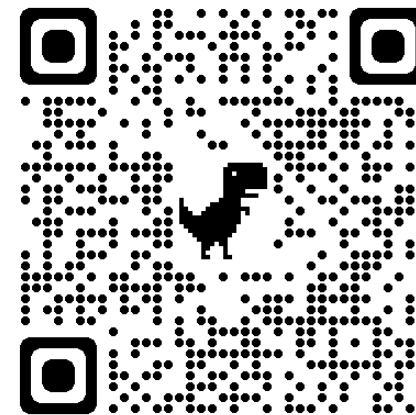
EXTRA HELP LOCALLY AND ONLINE

- Lanterna Education – Online tutoring and free study resources

IB BIOLOGY The ultimate study guide	BUSINESS MANAGEMENT The ultimate study guide	CHEMISTRY The ultimate study guide
IB Biology – The Ultimate Study Guide DOWNLOAD	IB Business Management – The Ultimate Study Guide LOGIN TO DOWNLOAD	IB Chemistry – The Ultimate Study Guide DOWNLOAD

ENT3R – Help with math, physics and Chemistry for students at High School (Norwegian Language Only)

Leksehjelp – Red cross homework help, different locations around Bergen



Forside ENT3R HVL Bergen

Skulle du ønske at du var bedre i matematikk og naturfa

ENT3R er for alle, både for dem som trenger ekstra hjelp og dem som trenger ekstra utfordringer. Uan du vil jobbe med innen matte og naturfag, så får du hjelp her. I tillegg er ENT3R helt gratis!

På ENT3R HVL Bergen er målet å gi deg hjelp og mestring innenfor realfag.



CONTACT TEACHERS

Thea Lillevik Bårdsen:

E-mail: Thea.Lillevik.Bardsen@vlfk.no

Office: H406

Eldfrid Johanne Grepperud:

Email: Eldfrid.Johanne.Grepperud@vlfk.no

Office: N408





FOOD AND WELLBEING

- Make sure your child has breakfast
- Provide a packed lunch
- Eat together in the evenings
- Encourage them to go to bed at a regular time
- Encourage activities where they can be with others



DIGITAL PLATFORMS

Visma InSchool

- Students need to login with secure login (feide)
- Timetable
- Grades
- Test overview
- Formative and summative feedback
- Register absences

Its Learning

- Subject course pages
- Contact with subject teachers
- Submission of assignments
- Course overviews
- General information about school events

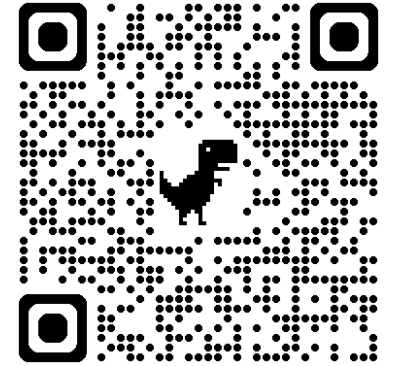


SCHOOL NURSES

- Students with psychological or physical issues can contact the school nurses.
- **Astrid Steinsland** (phone: 94500551) astrid.steinsland@bergen.kommune.no
- **Vibecke Øyjordsbakken Anderssen** (phone:40909465)
VibeckeOyjordsbakken.Anderssen@bergen.kommune.no
- Their offices can be found on the first floor of the H-building.



TIMETABLE ON VISMA



	Mandag 9			Tirsdag 10		Onsdag 11		Torsdag 12			Fredag 13	
08:00	🕒 08:15 - 09:45 🕒 H309 2ib Economics SL/HL Economics HL Undervisningstime			🕒 08:15 - 09:45 🕒 M204 Mathematics AA HL 2ib Mathematics AA HL Undervisningstime		🕒 08:15 - 09:45 🕒 N209 2ib Biology HL Biology HL Undervisningstime	🕒 08:15 - 09:45 🕒 N309 Physics SL 2ib Physics SL/HL Vikar	🕒 08:15 - 09:45 2ib Norwegian... Norwegian A LIT HL Undervisningstime	🕒 08:15 - 09:45 🕒 H313 Norwegian B HL 2ib Norwegian B HL Undervisningstime	🕒 08:15 - 09:45 🕒 K206 Chinese ab ini... 2ib Mandarin ab i... Undervisningstime		
09:00										🕒 09:00 - 09:45 🕒 H507 2ib Visual Arts HL/SL Visual Arts SL Undervisningstime	🕒 09:00 - 09:45 🕒 N407 2ib Chemistry SL/HL Chemistry HL Undervisningstime	
10:00	🕒 10:00 - 11:30 🕒 M302 Mathematics ... 2ib Mathematics ... Undervisningstime	🕒 10:00 - 11:30 🕒 H313 Mathematics ... 2ib Mathematics ... Undervisningstime	🕒 10:00 - 11:30 🕒 H309 Mathematics ... 2ib Mathematics ... Undervisningstime	🕒 10:00 - 11:30 🕒 H309 2ib Norwegian A Lit. SL/... Norwegian A LIT HL Undervisningstime	🕒 10:00 - 11:30 🕒 H313 Norwegian B HL 2ib Norwegian B HL Undervisningstime	🕒 10:00 - 11:30 🕒 H507 2ib Visual Arts HL/SL Visual Arts SL Undervisningstime	🕒 10:00 - 11:30 🕒 N407 2ib Chemistry HL Chemistry HL Undervisningstime	🕒 10:00 - 11:30 🕒 H313 English A LAL HL 2ib English A HL Vikar		🕒 10:00 - 11:30 🕒 H507 2ib Visual Arts HL/SL Visual Arts SL Undervisningstime	🕒 10:00 - 11:30 🕒 N407 2ib Chemistry SL/HL Chemistry HL Undervisningstime	
11:00												
12:00	🕒 12:15 - 13:45 🕒 N209 2ib Biology SL/HL Biology HL Undervisningstime	🕒 12:15 - 13:45 🕒 N309 Physics SL 2ib Physics SL/HL Vikar		🕒 12:15 - 13:45 🕒 H313 English A LAL HL 2ib English A HL Undervisningstime	🕒 12:15 - 13:45 🕒 H309 English A LAL SL 2ib English A Lang. Lit. SL Undervisningstime	🕒 12:15 - 13:45 🕒 K205 Theory of Knowledge 2ib Theory of Knowledge gr. 1 Vikar	🕒 12:15 - 13:45 🕒 H304 Theory of Knowledge 2ib Theory of Knowledge gr. 2 Vikar	🕒 12:15 - 13:45 🕒 H309 2ib Psychology SL/HL Psychology HL Undervisningstime	🕒 12:15 - 13:45 🕒 H304 History SL 2ib History SL Undervisningstime	🕒 12:15 - 13:45 🕒 H507 2ib Visual Arts HL/SL Visual Arts SL Undervisningstime	🕒 12:15 - 13:45 🕒 N407 2ib Chemistry SL/HL Chemistry HL Undervisningstime	
13:00												
14:00	🕒 14:00 - 15:30 🕒 N407 2ib Chemistry SL/HL Chemistry HL Undervisningstime	🕒 14:00 - 15:30 🕒 H507 2ib Visual Arts HL Visual Arts HL Undervisningstime		🕒 14:00 - 15:30 🕒 K308 2ib Economics... Economics HL Undervisningstime	🕒 14:00 - 15:30 🕒 H309 2ib Psychology... Psychology HL Undervisningstime	🕒 14:00 - 15:30 🕒 H313 History SL 2ib History SL Undervisningstime	🕒 14:00 - 15:30 🕒 K306 Mathematics ... 2ib Mathematics ... Undervisningstime	🕒 14:00 - 15:30 🕒 H313 Mathematics ... 2ib Mathematics ... Undervisningstime	🕒 14:00 - 15:30 🕒 H309 Mathematics ... 2ib Mathematics ... Undervisningstime	🕒 14:00 - 14:45 🕒 H507 2ib Visual Arts HL/SL Visual Arts SL Undervisningstime	🕒 14:00 - 14:45 🕒 N407 2ib Chemistry SL/HL Chemistry HL Undervisningstime	
15:00												
16:00						🕒 15:30 - 16:30 🕒 H313 CAS dropin Aktivitet						



IMPORTANT DATES

Autumn 2025	January 2026	June 2026	Autumn 2026	January 2027	May 2027
Students meet individually with class teacher	First term grades released	Second term grades released	Parent/ Guardian information meeting about exams and university application	Mock exams	Final exams
Developmental meeting with contact teacher for students and parents	Parent/Guardian meeting with subject teachers			Third term grades published	Graduation ceremony in June



Tuesday 23.09 to
Wednesday 24.09

